



COURSE AGENDA:

LEVEL 1 INSTRUCTOR

DAY ONE:

8:30 - 9:00 a.m.	Registration
9:00 - 9:45 a.m.	Introductions / "Respect" & "Standards" Videos
10:00 - 12:00 p.m.	Warm-up & Equipment Analysis Discussion Skills Concept Presentation / Individual Riding Skills Improvement
12:00 - 1:00 p.m.	Lunch
1:00 - 3:30 p.m.	Teaching Progression
3:30 - 5:00 p.m.	"Level 1 Progression" Video & Level 1 Worksheet Daily Review & Evaluation

DAY TWO:

8:30 - 9:15 a.m.	Indoor presentation: "Teaching Theory" Video & Discussion Review: Skills Concept
9:15 - 12:00 p.m.	Teaching Progression (continued) Practice Teaching / Individual Riding Skills Improvement
12:00 - 1:00 p.m.	Lunch
1:00 - 3:00 p.m.	Practice Teaching
3:30 - 5:00 p.m.	"Creating a Positive Experience" Discussion "Children & Snowboarding" Video Daily Review & Evaluation

DAY THREE:

8:30 - 9:00 a.m.	Indoor Review / Worksheet Review
9:30 - 11:30 a.m.	Teaching Evaluations
11:30 - 12:30 p.m.	Lunch
12:30 - 2:30 p.m.	Teaching Evaluations
3:30 p.m.	Course Evaluations Presentation of Results

INDOOR PRESENTATIONS:

Video Presentations:

- "Respect" & "Standards"
- "Level 1 Progression"
- "Teaching Theory"
- "Children & Snowboarding"

Discussions:

- Teaching Theory
- "Creating a Positive Experience"
- Worksheet Review

*Due to various mountain conditions, times may vary.

*To ensure that the course runs smoothly students should arrive 10 minutes before the above times.

*CASI recommends the wearing of helmets on Level 1 courses.



COURSE DESCRIPTION:

LEVEL 1 INSTRUCTOR

GENERAL GOALS

- To introduce and prepare the candidates for beginner snowboard teaching.
- To introduce the candidates to CASI and its function within the ski & snowboard industry.

OBJECTIVES

The objectives for this course are:

- To learn a proven, safe, and efficient teaching progression for introductory snowboarding.
- To develop your teaching skills.
- To improve your beginner to intermediate riding skills.
- To develop a positive attitude towards teaching snowboarding.
- To develop a positive attitude towards teaching children to snowboard.
- To introduce a general understanding of the CASI skills concept in snowboarding.

CONTENT

During the course, the following subjects will be discussed:

- CASI Organizational Structure
- Safety - "Alpine Responsibility Code"
- Class Management
- Lesson Planning
- Principals of Learning
- The CASI Skills Concept
- Teaching Methodology
- Equipment Selection
- Children and Snowboarding
- Marketing and Guest Experience

METHODOLOGY

Technical (Riding) Sessions

Groups will work on riding improvement, analysis and improvement, and explore how to adapt exercises and tools to improve or enhance skill development.

Teaching Sessions

Groups will work on teaching particular movements and manoeuvres that have been presented during the course.

Lectures and Video Presentations

Lectures and video presentations will take place before and after on-snow sessions.

